



Monday Morning Life/Career Development Discussion Series

Overcoming Obstacles You Didn't Expect and Discovering Possibilities You Never Imagined

Getting Work | Building Wealth | Managing Self | Influencing Others

September 2022 Topic Schedule:

Sept. 5 Getting Work	Labor Day – No Program This Week!
Sept. 12 Building Wealth	Impulsive Spending and How to Stop It Sometimes it feels great to buy “that thing.” Then comes the financial hangover. Learn how to be more intentional with your spending.
Sept. 19 Managing Self	Adversity as a Catalyst for Advancement and Resilience Age affords no excuse to resist change. Learn how adversity can help you achieve greater positivity and productivity.
Sept. 26 Influencing Others	The Emotional Bank Account – What Is It and How Do You Use It? In order to be great, you must first be good. What does it mean to be good to yourself and others?

Day: Every Monday morning – (holidays excepted)

Time: 8:20 a.m. Login
8:30 a.m. Fishing Lines (Introductions)
9:00 a.m. Topic and Discussion
10:00 a.m. Check-ins
10:30 a.m. Close

Location: **ONLINE:** Find the Zoom link on our website at [encoreneo.org](https://www.encoreneo.org)